







Longitudinal studies
in the field of
developmental psychology
have shown that children
who are born with a low
birth weight are at a
higher risk of developing
chronic health problems
later in life. This is
because low birth weight
is often a sign of poor
nutrition or health during
pregnancy, which can
lead to stunted growth
and weakened immune
systems. These children
may also have a higher
risk of developing
metabolic disorders like
diabetes and heart disease
as they grow older.